# Le profil professionnel des docteurs

### **Puck Näsman Norell**

## PhD student, Membrane Biochemistry & Transport

Welcome to my DocPro page! Motivated MSc Toxicology graduate with a BSc in Biomedicine from Karolinska Intitutet, Stockholm. Currently PhD student at Institut Pasteur.

puck.nasman-norell@pasteur.fr

Visit my Institut Pasteur page! : https://research.pasteur.fr/en/member/puck-naman-norell/

#### Cœur de métier

### PHASE 1 Développement des compétences

I have always been keen on challenging my own ideas and perspectives. This has been expressed in various ways through my personal as well as professional life. I have done research in Canada, Sweden, Switzerland and the UK to learn more about cultural differences within science as well as how we are formed as individuals. Research is done on a global level which takes into account learning how individuals are influences by their cultural heritage and ways of living. I share my visions and ideas, and incorporate the views of my peers to develop as a professional and person. In addition, I spent three months in Israel at a Kibbutz after high school to challenge my view on life and feel a belonging on a larger global scale.

#### PHASE 1 Évaluation

I often help students in the lab who are not under my direct supervision to revise their reports in order to convey my knowledge in writing and also to learn about the learning process of individuals myself. When reading other's work, I learn more about various subjects and how people put their work into context. This also teaches me how I can look and interpret my own research, since we often tend to look "inside the box". We have to challenge and evaluate our ways of thinking always.

#### PHASE 1 Gestion de l'information

I have had various courses in my undergraduate and graduate studies on how to efficiently search scientific search engines to receive the latest publications within relevant fields. During my master, we had a journal club which was dedicated to scrutinise the use of different scientific methods, and if they were actually used in the correct way to answer the scientific questions sought to be answered. When it comes to data handling and experiment planning, I often contact platforms relevant for the experiment (imaging, data processing) in order to create a more efficient workflow and relevant data.

## PHASE 1 Expertise et méthodes

Through an oral presentation course in my PhD programme I got a tool set on how to efficiently convey my own research in an understandable way to laymen and scientists that are not in the same field. I have also attended topic specific conferences in which I have heard research within the field and related it to my own project, as well as presented my work and discussed it.

## Qualités personnelles et relationnelles

#### **PHASE 1** Communication

The PhD programme that I was accepted to is an international and highly competitive program which requires you in beforehand to show that you possess the skills to carry out the project within the scope of a PhD. I was able to convince the PhD jury that my project is feasible to carry

out, and that I would be the right person to do it even coming from a different background.
Through my diverse background from biomedicine and toxicology, I can give different
perspectives to research and am not afraid to communicate my thoughts.

www.mydocpro.org

Fondateurs: