

# The professional profile of PhD-holders

**Oriane ONIMUS**

## Neuroscientist, Principal Scientist, Researcher

I am in my 4th year of PhD in Neuroscience, at the BFA Unit, Université Paris Cité, CNRS. Beyond Neurosciences, my main project also involves Physiology and Metabolism with therapeutic perspectives.

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### Core business

#### **PHASE 1** Skill development

Throughout my professional experience, involving my 3 year of PhD and all along my different internships, I have learned to adapt myself and learn from my own experiments and others. Firstly at a practical scale, learning different technics but also to develop interdisciplinary theoretical knowledge (metabolism, biology, Neuroscience) and soft skills required in research such as communicating, leading a project, tutoring students.

*Sets his professional goals to be ambitious yet realistic.*

*Identifies and develops means to enhance his employability throughout his career; manages his professional development.*

*Broadens and upgrades his skillset, personal qualities and achievements.*

*Uses his networks to expand his scope of competence.*

*Knows how to transfer his expertise to other fields of activity.*

*Realizes the necessarily international dimension of his career path.*

*Accepts input from a mentor or coach to benefit his professional development.*

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